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Meet the 2023 All-Greater Rochester Softball Team

Rochester Democrat and Chronicle

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Here is the 2023 All-Greater Rochester Softball Team as determined by a vote of Section V coaches with input from Democrat and Chronicle and Messenger Post staff.

Player of the Year





Year: Junior

Parents: Jamie and Darryl Ross

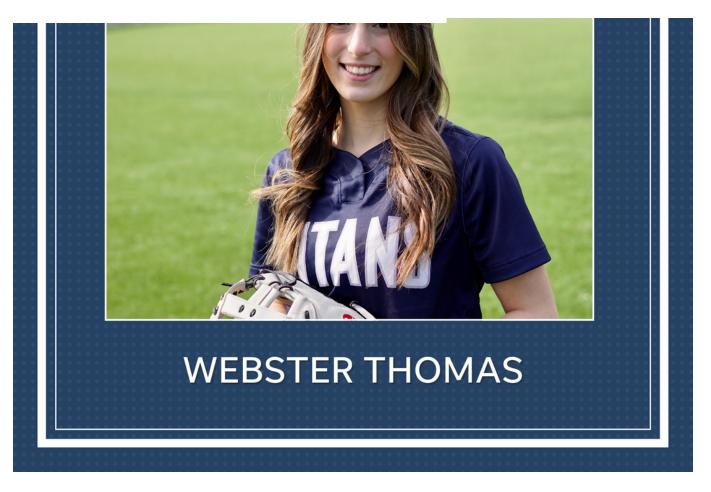
Position: Pitcher/SS

Key accomplishments: 0.49 ERA and 18 shutouts.

Future plans: Continue playing college softball while majoring in criminal science.

Why is she Player of the Year: Nevaeh Ross has quickly transformed Friendship/Scio into a perennial state title contender. The junior pitcher already has three Section V titles and two state final four trips to her name. In the 2023 Class D state final, Ross' 23 Ks, her ninth home run of the season, and her daring attempt to steal home plate in extra innings almost won the game. A glimpse of Ross' 2023 stat line: Two perfect games, eight no-hitters, 18 shutouts (six straight), 371 Ks (over 1,000 career), 0.576 batting average, 30 RBIs, nine HRs.





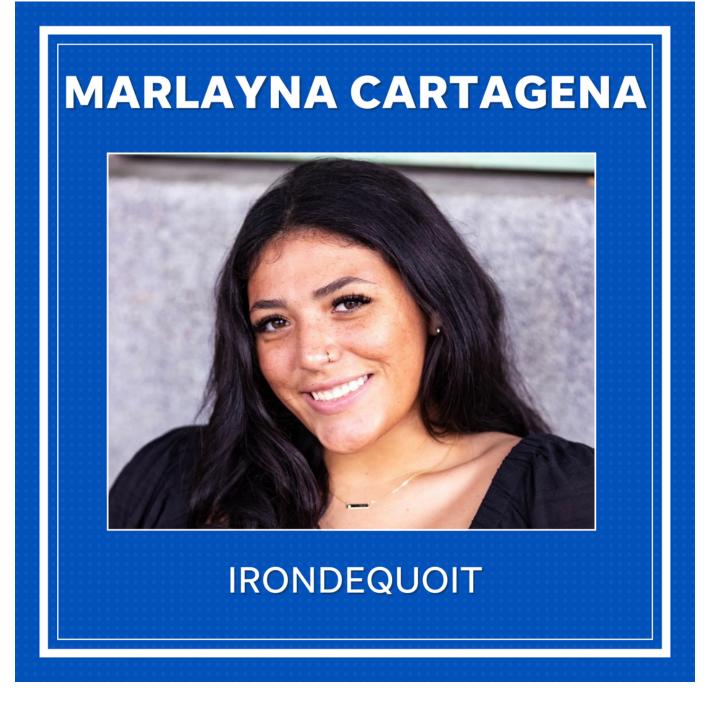
Parents: Wendy and Richard Bello

Position: Catcher

Key accomplishment: 29 RBIs this year.

Future plans: Going to Ithaca College and playing softball.

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Parents: Kristen and Hector Cartagena

Position: Pitcher/Shortstop

Key accomplishments: I am most proud of my pitching record this season (14-2), 172 strikeouts this season, and also achieving my goal of reaching 500 career strikeouts.

Future plans: I am attending college at SUNY Cortland and playing softball.



Year: Senior

Parents: Renee and Thomas Casler

Position: Shortstop/Catcher

Key accomplishments: I am most proud of my .429 batting average and winning

sectionals.

Future plans: I plan on attending Daemen University.



Year: Junior

Parents: Kim and Casey Cowburn

Position: Pitcher

Key accomplishments: WHIP: 0.87, Ks: 1.67/inning.

Future plans: Continue to get better in pursuit of playing Division I softball.



Year: Sophomore

Parents: Nicole and Steve DeValder

Position: Pitcher

Key accomplishment: Being selected Section V Class AA Player of the Year.

Future plans: Play softball in college.



Year: Senior

Parents: Wendy Gorham and Jason DeVore

Position: Shortstop

Key accomplishments: 56 runs scored and 0 strikeouts.

Future plans: I am going to Fredonia State to play softball and study communications.



Year: Sophomore

Parents: Kelly and Faith Dunbar

Position: Pitcher, first base and left field

Key accomplishment: 11 home runs on the season.

Future plans: I want to play softball in college but I'm not sure where yet.



Year: Junior

Parents: Rachel and Howard Goldberg

Position: RHP and 1B

Key accomplishments: Three consecutive no-hitters (one of which being a perfect game)

Future plans: I plan to attend college to study biology and play softball.

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RUSH-HENRIETTA

Year: Sophomore

Parents: Lisa and Marcus Hartel

Position: Pitcher/Shortstop/Utility

Key accomplishments: Winning Class AA sectionals and making Rush-Henrietta history.

Future plans: I plan to play softball in college and pursue a degree in dentistry.





Year: Junior

Parents: Melanie and Paul Hicks

Position: Pitcher

Key accomplishments: Three home runs (one being a grand slam).

Future plans: I am committed to Nazareth University and majoring in social work.





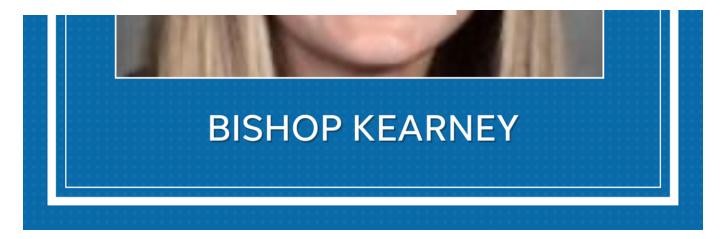
Parents: Megan and Jason Lyons

Position: Shortstop

Key accomplishments: .500 batting average.

Future plans: I will be attending the University of Rochester and playing on the varsity softball team.





Year: Sophomore

Parents: Christy and Patrick Phelan

Position: Pitcher

Key accomplishments: Batting average: .548. Strikeout total: 159.

Future plans: I aspire to play college softball.





Year: Freshman

Parents: Jamie and Darryl Ross

Position: Catcher/2B/OF

Key accomplishments: 14/18 runners thrown out, .517 batting average.

Future plans: Play college softball, obtain a doctorate of physical therapy.

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Parents: Renée and Jason Schumacher

Position: Shortstop and third base

Key accomplishments: I finished the regular school season with a batting average of .741, a slugging percentage of 1.426, and five homeruns.

Future plans: I will be attending Geneseo and continuing my softball career while dual majoring in sustainability and geology.





Year: Sophomore

Parents: Teri and William Witherell

Position: Pitcher

Key accomplishment: 0.18 ERA over 115 innings pitched

Future plans: I plan to play college softball and study aerospace engineering.

Coach of the Year





Profession: Physical education teacher/Rush-Henrietta CSD

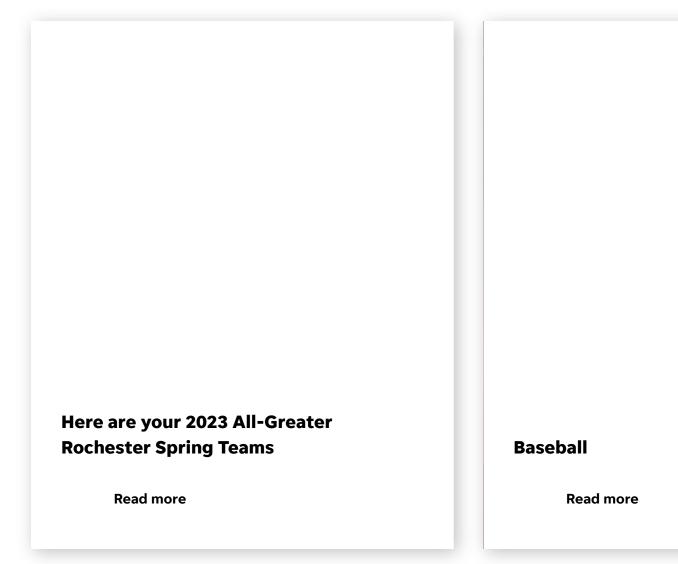
Varsity coaching experience: Rush-Henrietta 23 years (2000-present)

Family: Dog, a miniature schnauzer named Shortstop.

Think you got game? See all the AGR athletes of all time

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All-Greater Rochester Teams



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Meet the 2023 All-Greater Rochester Boys Tennis Team

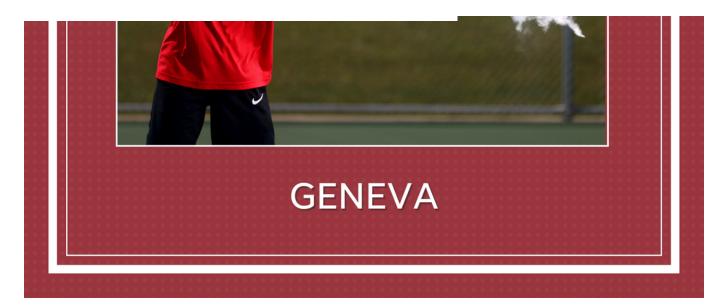
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Here is the 2023 All-Greater Rochester Boys Tennis Team as determined by a vote of Section V coaches with input from Democrat and Chronicle and Messenger Post staff.

Player of the Year





Year: Sophomore

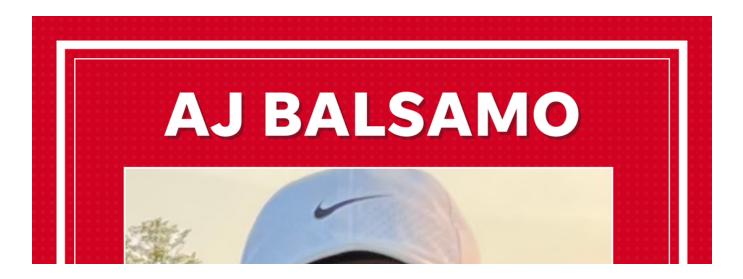
Parents: Dawn and Chip Fishback

Position: First singles

Key accomplishment: Getting third at the state tournament.

Future plans: Play Division I tennis.

Why is he Player of the Year: Drew Fishback's persistent Section V dominance made him an easy choice to earn the award for a second straight season. He went unbeaten against local competition again and recorded major upsets to advance to the semifinals of the state tournament, ultimately earning third place.





Year: Freshman

Parents: Heather and Mark Balsamo

Position: First singles

Key accomplishments: Reaching the state tournament and winning individual sectionals.

Future plans: To keep playing tennis and attend a good college.

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Year: Sophomore

Parents: Ishali and Nick Bhatia

Position: Second singles

Key accomplishment: Winning a round at individual states.

Future plans: Continue to improve at tennis and play on the team again next year.

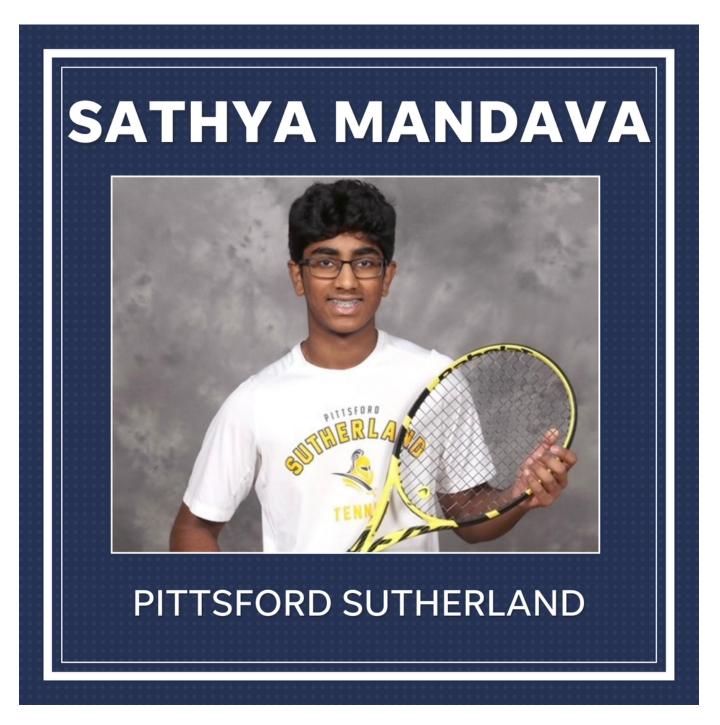


Parents: Oana and Dobrin Dancuta

Position: First singles

Key accomplishment: Winning individual sectionals.

Future plans: Attend the University of Michigan.



Year: Freshman

Parents: Lakshmi and Sai Mandava

Position: Fourth singles

Key accomplishment: Won individual state qualifiers.

Future plans: Attend Stern Business School at New York University.



Year: Sophomore

Parents: Carey and John McLaughlin

Position: First singles

Key accomplishment: The team was undefeated in the regular season.

Future plans: Continue to improve my tennis game and play tennis in college.



Parents: Ann Marie and Ian Mortimer

Key accomplishments: Class A doubles champion and Class A team champion

Future plans: Attend Macalester College and continuing my tennis career.

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Parents: Mery and Kenneth Pepin

Position: Second singles

Key accomplishment: Section V A1 doubles champion.

Future plans: Attend Cornell University to study civil engineering.

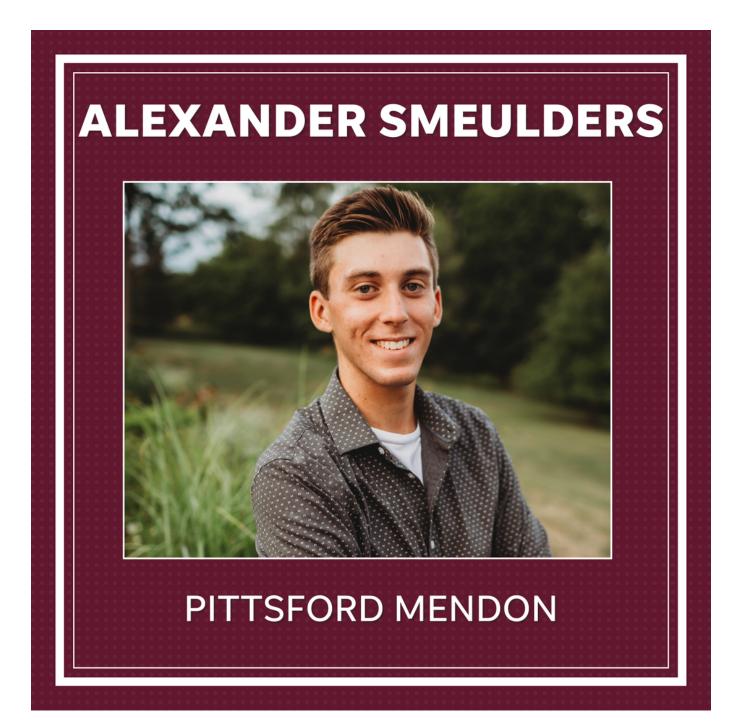


Parents: Jennifer and Douglas Raynor

Position: First singles

Key accomplishment: Winning team sectionals.

Future plans: I am going to attend the University of Rochester.



Parents: Post and Stephen Smeulders

Position: Singles

Key accomplishment: Section V State Qualifier quarterfinalist with doubles partner Finn Whitaker.

Future plans: Majoring in computer science at Boston University.



Year: 8th grade

Parents: Amy and Kiley Sullivan

Key accomplishment: Qualifying for the state championships.

Future plans: Working hard to continue improving my game.



Year: Sophomore

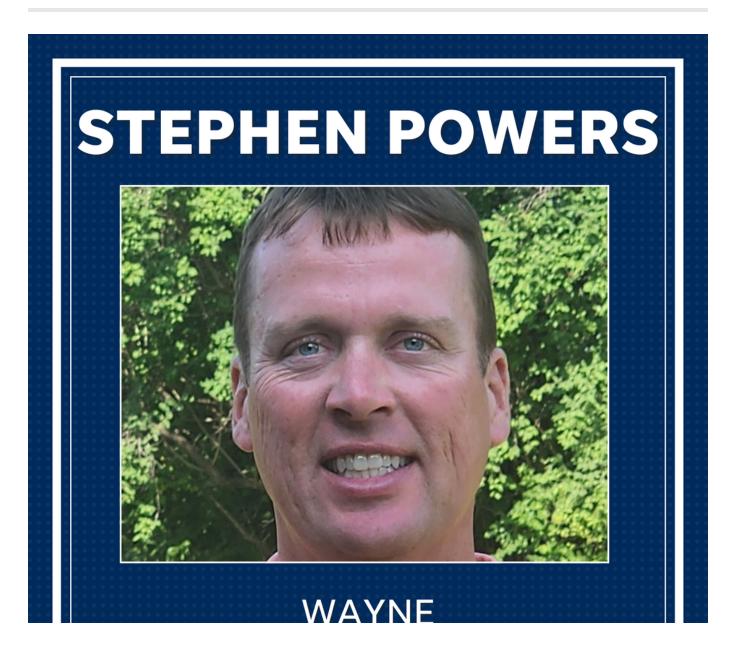
Parents: Shelly and Scott Thyroff

Position: First singles.

Key accomplishment: Winning first round at states.

Future plans: Somewhere southern.

Coach of the Year





Profession: Teacher/Wayne Central Schools

Varsity coaching experience: Boys varsity tennis at Wayne (two years).

Family: Wife, Lauren Powers

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